

Dear Families:

Our next social skill is 'Accepting Consequences'. This pairs perfectly with 'Interrupting' and 'Accepting No'. On the back you will find the 'Accepting Consequences' skill along with the steps the students learn regarding how to apply 'Accepting Consequences'. Please reinforce these steps at home to help your child make the connection from home to school. Not every skill applies to each child; however, we teach them as a class so students can support one another in using the steps properly. If you have any questions please do not hesitate to ask.

Sincerely,
Ms. DeSoucey
Ms. Marks

Skill this Week



Skill 31: Accepting Consequences

STEPS

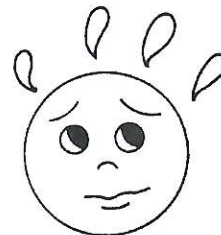
1. Stop and think.

Stress that this step will give children time to calm down and follow the rest of the steps.



2. Decide if you're wrong.

Discuss that it's OK for people to be wrong. Everyone makes mistakes sometimes.



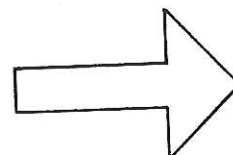
3. Say, "Yes, I did it. I'm sorry."

Emphasize the importance of Using Nice Talk (Skill 2) when apologizing and being honest when admitting to doing something wrong.



4. Follow the direction.

Explain that children may need to do something to resolve the problem (e.g., clean up a mess or help pay for something they broke).



SUGGESTED SITUATIONS

School: You spilled another child's glass of juice.

Home: You broke something of your parents'.

Peer group: You took a friend's toy without permission.

COMMENTS

Some children may have difficulty verbally admitting their behavior or saying they are sorry. If so, this step could be deleted or another step (perhaps nodding your head yes) could be substituted.